

# 1 Minute Short Video Contest

**Theme: Mental Health in an Unequal World**

- ☛ Film a 1minute self-created video related to the theme.
- ☛ Mention your Name, Age, Contact number and Address.
- ☛ Submit to: [nmhp.nhm@gmail.com](mailto:nmhp.nhm@gmail.com)
- ☛ Final results will be uploaded on 9<sup>th</sup> october,2021 at [www.nrhmmanipur.org](http://www.nrhmmanipur.org)

**Eligibility: Residents of Manipur only**



## Prizes

1<sup>st</sup> Prize – ₹.7000

2<sup>nd</sup> Prize – ₹.5000

3<sup>rd</sup> Prize – ₹.3000

5 Consolation Prizes - ₹.1000 each

E- certificates will be issued to all the participants

**Last date of  
submission: 7<sup>th</sup>  
October 2021**

### Terms and Conditions:

1. Entries in English and Manipuri are only eligible.
2. NHM, SHS, Manipur will have copyright on the submitted entries for future use on its platform (Website, social media and others) without any interference or permissions.
3. The participant has to maintain the authenticity/claim about original work of the submitted entries or for consideration of awards.
4. Every film entry should have clear Voice Over/dialogue etc.
5. The entries must have clear details of the participants viz. age proof, photo, name, contact number (mobile), postal address, email etc., for Awards consideration.



**Organised by**  
**NATIONAL MENTAL HEALTH PROGRAMME**  
**NATIONAL HEALTH MISSION MANIPUR**



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