

**GOVERNMENT OF MANIPUR
DIRECTORATE OF HEALTH SERVICES**

Revised Discharge Policy for Covid-19
No.2/COVID-19/DHS-2020, 29th May, 2021.

This revised discharge policy is developed in alignment with the Ministry of Health & FW, Govt. of India's "**Revised Discharge Policy for Covid-19**" dated the 8th May, 2020 and "**Revised guidelines for Home Isolation of mild/ asymptomatic Covid-19 cases**" dated the 28th April, 2021.

1. Asymptomatic cases

The asymptomatic cases are laboratory confirmed cases not experiencing any symptoms and having oxygen saturation at room air of more than 96%. Asymptomatic cases are monitored under home isolation (subject to their eligibility as per the revised guidelines).

- 1.1. The patient under home isolation shall stand discharged and end isolation after 10 days from the date of sampling.
- 1.2. There will be no need for testing prior to discharge.

2. Mild/ very mild cases

Mild/ very mild cases (SPO2 \geq 94) admitted to a Covid Care Facility will undergo regular temperature and pulse oximetry monitoring.

- 2.1. The patient can be discharged after 10 days of symptom onset and absence of fever without antipyretics for the last 3 days.
- 2.2. There will be no need for testing prior to discharge.
- 2.3. At the time of discharge, the patient will be advised to isolate himself at home and self monitor their health for further 7 days.
- 2.4. After discharge from facility, if he/ she again develop symptoms of fever, cough, or breathing difficulty they will contact Covid Care Centre or State Covid Helpline/ Control Room No.1800-345-3818 or respective District Covid Helpline Nos.

3. Moderate cases whose symptoms resolve within 3 days and maintain oxygen saturation \geq 95% for the next 4 days (without oxygen support).

- 3.1. Such patients will be discharged after 10 days of symptom onset in case of:
 - absence of fever without antipyretics
 - resolution of breathlessness
 - no oxygen requirement
- 3.2. There will be no need for testing prior to discharge.
- 3.3. At the time of discharge, the patient will be advised to isolate himself at home and self monitor their health for further 7 days.



4. Moderate cases on oxygenation whose fever does not resolve within 3 days and demand of oxygen therapy continues.

4.1. Such patients will be discharged only after:

- Resolution of clinical symptoms
- Ability to maintain oxygen saturation for 3 consecutive days

4.2. There will be no need for testing prior to discharge.

4.3. At the time of discharge, the patient will be advised to isolate himself at home and self monitor their health for further 7 days.

5. Severe cases including immunocompromised (HIV patients, transplant recipients, malignancy)

Discharge criteria for severe cases will be based on:

5.1. Clinical recovery.

5.2. Patient tested negative once by RT-PCR (after resolution of symptoms).



(Dr. K. Rajo Singh)

Director

Health Services, Manipur