

# National Program of Palliative Care Manipur

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# Manipur Topography

- Hilly Region
- Inter Connectivity Poor
- 16 Dist: 9+ 7( New).
- Apprx. 95% hilly



# Government Hospitals

- DIST. HOSPITAL – 7
- CHC – 17
- PHC – 85
- SUB CENTRE – 421
- 7 District Hospitals & 2 new District Hospitals Approved (2018-19) for Palliative Care Services



# Man power

- State Palliative Cell formed on 20 Nov 2017, SNO identified
- DNO of 7 District hospitals identified
- No regular staffs appointed for palliative services at district hospitals
- NCD clinic Staffs (doctors, nurses, counselors & Physiotherapist) are given training for the palliative care services
- 30 staff nurse for both elderly and palliative services are approved in ROP 2018-19, No appointment started.

# Training And Capacity Building

- State TOT training done at Karunashraya Bangalore
- Meeting with WHO Officials done
- Foundation course on palliative care done in collaboration with Institute of Palliative Medicine Calicut – 16 Districts
  - 60 Doctors
  - 40 Nurses
  - 40 Paramedics including Physiotherapist, Counselors & Volunteers





# Inauguration of Palliative Care Services in Manipur

Medical Director & Faculties from IPM, Calicut



# Dissemination workshop for State and District Health Officials on Palliative care services

Medical Director, Addl. Director, Joint Director, SNO, all CMOs, DPMs, APMs





# State Level Training of Palliative Care done under IPM Calicut and Regional Institute of Medical Sciences, Imphal





# Palliative Care Services

- Palliative Care OPD Services – All District Hospitals along with NCD staffs
- IPD Palliative Services- Started in Chandel
- Districts



# IEC

- Awareness talk given on world cancer day at all Districts
- Newspaper
- Television



# Newspaper- IEC Activities For Palliative Care

## Palliative care training underway



IMPHAL, Feb 18: Health and Family Welfare Director, Dr K Rajo has said that the Department has started providing necessary training regarding Palliative Care Service, to the doctors and specialists.

Speaking to media persons at Health Directorate, Imphal today Dr K Rajo explained that Palliative Care Service is the process of ensuring that terminally ill patients/individuals (like cancer patients) are given the best possible care and comfort.

He informed that patients with incurable, life threatening illness are often very depressed. They usually experience pain/discomfort, shortness of breath, nausea etc and through palliative care service by well experienced doctors, nurses and specialists, the patients are provided medicines or painkillers to ease their discomfort, he explained.

Dr K Rajo conveyed that palliative care service are usually provided on community based support system through Primary Health Institutions as well as ASHAs, Anganwadi workers etc, in the first stage.

In the second stage, palliative care service is handled at a primary and secondary level by major hospitals. The tertiary level include coordination, cooperation and monitoring, the Director added. Dr K Rajo informed that the first palliative care training for the State was inaugurated at the State Academy of Training, Takyel, yesterday.

Five to six doctors of each district are hand-picked and provided the necessary training in the said programme, which was initiated by many eminent personalities like Shija Hospitals' Dr Jugindro, Dr Sureshkumar from Calicut and Nodal Officer, Dr Premchandra etc.

Informing that the palliative care training programme will continue till February 25, Dr Rajo mentioned that practical training was provided to RIMS Radiotherapy unit today.

On the other hand, Dr Sureshkumar said that around 14,000 – 15,000 people in the State need palliative care.

The general secretary of Palliative Care Society Imphal, Dr Jugindro stressed on the importance of collective support from NGOs and the society for the success of the palliative care system.

### HEADLINES »

#### Training program of palliative care concludes

THOUBAL | Feb 25 : The 10 - day training program of palliative care services conducted by state health society, state NCD cell under the supervision of WHO collaborating centre for palliative care, Institute of Palliative Medicine, Calicut and department of Radiotherapy, RIMS concluded today. Doctors and nurses, physiotherapist, counsellor, psychologist from different district hospital and working in the different health institutes of state have undergone training.

This training is conducted for the first time in the state under the WHO curriculum. The training will enable and equip the doctors and the district hospitals to start palliative care service for the patients. This will also enable the hospital to get registered medical institutions status for opioid availability which is a major component of pain care services in palliative care.

Palliative care is an approach that improves the quality of life of patients, who are going through life threatening illnesses like incurable stage of cancer, and their families through the prevention and relief of suffering by means of early identification, assessment and treatment of pain and other physical, psychological and spiritual problems.

In an average, seventy five percent of the 8 lakh new cancer case per year is diagnosed at a very late stage when curative treatments are not effective. 1.6 million people per year experience cancer pain, but less than 3 percent of India's cancer patient have access to adequate pain relief. As such, there is an urgent need to establish palliative care service in the country and in our state. Due to this long felt need, the government has been trying to start palliative care service in the country. Till now, India does not have a national policy on palliative care, though some few states like Kerala, Maharashtra, Karnataka have framed it.

In Manipur, a voluntary organisation called palliative care society, Imphal has been spearheading the movement since the last two years. The National Health mission has very recently approved national program on palliative care in the year 2017. Manipur is amongst the few states who have proposed to start this national palliative care program.

26-Feb-2018 / Our Correspondent



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IMPHAL | May 10 : An active manhunt is underway to nab the culprits behind the series of bomb blasts recently in the state

capital, said chief minister, Nongthombam Biren Singh while briefing reporters on the sidelines of Hill Leaders' Day at the Durbar H.....

11-May-2018 / A Staff Reporter

#### Belgium ambassador calls on Manipur chief minister



IMPHAL | May 10 : Ambassador of the Kingdom of Belgium to India Jan Luyckx called on chief minister, N. Biren Singh today at his

office chamber. In the meeting they have discussed the possibilities of co-operation in trade and investment, food processing, .....

11-May-2018 / A Staff Reporter



# Partnership with NGO

Collaborative work with Palliative Care Society Imphal started





# Linkage with RIMS

Referral Protocol for Palliative Care from  
District Hospital to Tertiary Care Centre  
Regional Institute Of Medical Sciences started

# Current Financial Status

Activities	GOI Approved in 2017-18	Expenditure	Balance
Training	14 lakhs	14 lakhs	0
Miscellaneous	56 lakhs	15 lakhs	Advances given to districts
Infrastructures	105 lakhs	105 lakhs (ongoing)	
TOTAL	175 Lakhs		

Activities	GOI Approved in 2018-19	Expenditure	Balance
Training	9 lakhs	0	9 lakhs
Miscellaneous	4.50 lakhs	0	4.50 lakhs
Equipment	6 lakhs	0	6 lakhs
IEC/BCC	2 lakhs	0	2 lakhs
TOTAL	21.5 lakhs	0	21.5 lakhs

Thank you