## 1<sup>ST</sup> ROUND ASHA MODULE 6 & 7 TRAINING PROGRAMME Date: Venue:

D	Date: Venue:		
DAY	Sessions	Time	Trainer
1	Inauguration and registration		
	Introduction, Purpose, structure and Agenda		
	Being an ASHA:Role, Activities, measurable outcomes of ASHA program,		
	essential skills of ASHA		
	Lunch		
	Qualities that make an ASHA effective, VHND		
	ASHA support and supervision		
	What registers and forms are to be maintained?		
2	Recap		
	Working in the community and home visit during pregnancy:		
	- Talking with women in the community		
	<ul> <li>Pregnancy diagnosis using Nischay/Determining LMP and EDD</li> </ul>		
	using Laminated card		
	Practice sessions by participants (1-9) – three sessions in three groups		
	- Pregnancy forms 1 & 2		
	Lunch		
	Working in the community and Home Visit during pregnancy –contd.		
	<ul> <li>Health problems during pregnancy and referral</li> </ul>		
	Practice sessions by participants (number 10-18) – three sessions in		
	three groups		
	Exam		
2	Decen		
3	Recap		
	Working in the community and Home visit during pregnancy- contd.		
	- Birth preparedness		
	Essential knowledge for birth companion		
	- Time recording		
	- What happens during birth		
	Lunch		
	Essential knowledge of birth companion: obstetric emergencies and		
	referral		
	Readiness for emergency		
4	Recap		
	Introduction to new born health and care		
	Hand washing		
	Immediate care at birth		
	Lunch		
	Initiation of breast feeding		
	What is home based new born care?		