

# 1<sup>ST</sup> ROUND ASHA MODULE 6 & 7 TRAINING PROGRAMME

Date:

Venue:

| DAY | Sessions  | Time | Trainer |
|-----|---|------|---------|
| 1   | Inauguration and registration   |      |         |
|     | Introduction, Purpose, structure and Agenda   |      |         |
|     | Being an ASHA: Role, Activities, measurable outcomes of ASHA program, essential skills of ASHA  |      |         |
|     | Lunch   |      |         |
|     | Qualities that make an ASHA effective, VHND   |      |         |
|     | ASHA support and supervision  |      |         |
|     | What registers and forms are to be maintained?  |      |         |
| 2   | Recap   |      |         |
|     | Working in the community and home visit during pregnancy: <ul style="list-style-type: none"> <li>- Talking with women in the community</li> <li>- Pregnancy diagnosis using Nischay/Determining LMP and EDD using Laminated card</li> </ul> |      |         |
|     | Practice sessions by participants (1-9) – three sessions in three groups <ul style="list-style-type: none"> <li>- Pregnancy forms 1 &amp; 2</li> </ul>  |      |         |
|     | Lunch   |      |         |
|     | Working in the community and Home Visit during pregnancy – contd. <ul style="list-style-type: none"> <li>- Health problems during pregnancy and referral</li> </ul>   |      |         |
|     | Practice sessions by participants (number 10-18) – three sessions in three groups   |      |         |
|     | Exam  |      |         |
| 3   | Recap   |      |         |
|     | Working in the community and Home visit during pregnancy- contd. <ul style="list-style-type: none"> <li>- Birth preparedness</li> </ul>   |      |         |
|     | Essential knowledge for birth companion <ul style="list-style-type: none"> <li>- Time recording</li> <li>- What happens during birth</li> </ul>   |      |         |
|     | Lunch   |      |         |
|     | Essential knowledge of birth companion: obstetric emergencies and referral  |      |         |
|     | Readiness for emergency   |      |         |
| 4   | Recap   |      |         |
|     | Introduction to new born health and care  |      |         |
|     | Hand washing  |      |         |
|     | Immediate care at birth   |      |         |
|     | Lunch   |      |         |
|     | Initiation of breast feeding  |      |         |
|     | What is home based new born care?   |      |         |