

Report of One-Day Health Awareness Programme/BCC/IEC held at CHC Nungba on 17th sept. 2009.

Introduction:

The Block Programme Management Unit, CHC Nungba has conducted a one-day Health Awareness Programme at CHC Nungba on 17th Sept. 2009. The topics delivered of the health awareness programme were mainly emphasized on the main finding/consolidation report of three Focus Group Discussions which was held in three villages with various topics.

The programme started with a welcome note from Dr. Sunil Kamei, MO i/c CHC Nungba. More than 30 members were attended the programme representative from different villages. Target group are consisting of Women Folk, Village Leaders, Student Leaders, ASHA etc.

Session-1: Introductory of NRHM by Mr. Gaichamdinpou Gangmei (Peter), BPM, CHC Nungba.

Mr. Gaichamdinpou Gangmei (Peter), BPM, CHC Nungba has taken the session with the topic of "Introductory of NRHM". The main purpose of this topic was to brief about the basic knowledge and importance of NRHM. He highlighted the major National Health Programmes implementing through out the country in which correlated to NRHM. He also mentioned about the achievements and progress made under NRHM in health institutions at PHSC,PHC,CHC,district hospital and improvement in village health. The session ended with an important message from Mr. Gaichamdinpou Gangmei (Peter), BPM,CHC Nungba that National Rural Health Mission is a mission to accomplish through and by full cooperation of the people or villagers.

Session-2: Immunization by Smt. Sangeeta Devi, ANM, Mukti Khullen PHSC.

In this session, Smt. Sangeeta Devi, ANM dealt with the topic of Immunization and its importance. Being an ANM/Nurse herself, she shared the field experience on immunization in the village and those factors which impediment the work of immunization. Based on her finding, she tried to clarify the doubts and misbelieve of the villagers. Mothers of infant under immunization are asked to take initiative and to make available their children during the immunization programme which held atleast once in every month at PHCS. She also apprised the important role of ASHA and village leaders for mobilizing the mother and children. Because, mothers are often fail to bring their young ones for immunization programme and went to jhum cultivation as usual in hilly area. Therefore, she seriously stressed the crucial role of ASHA to link up the ANM to fix the date and arrange for the immunization programme. The session was closed along with a special request to the villagers of Mukti Khullen PHSC to come forward with helping hands for desirable outcome of immunization.

Session-3: Malaria by Shri. Rengther, Microscopist of RNTCP, CHC Nungba.

Since many malaria patient have been admitted in CHC Nungba and reported some of the malaria prone village in Nungba block, the BPMU, CHC Nungba has taken up malaria as serious subject. Therefore, this session aimed at to reduce a number of malaria case and to improve malaria control by village health programme. Shri. Rengther, Microscopist, RNTCP, CHC Nungba, briefed the concept of Malaria and how it spreads to human being. He strongly appealed the members present to keep clean and maintain a proper drainage system in the village. As a part of prevention measure, he asserted the villagers to use mosquito repellent medicaments, mosquito nets, proper clothing etc. ASHA of the respective village are asked to carry out a Rapid Test properly in time and report to health institutions for further treatment immediately if found the person infected by malaria. As majority of villagers are not fully aware about the malaria, he explained 'Do & Don't.' at the time of first aid given to the malaria patient.

Session-4: Viral Hepatitis by Dr. Sunil Kamei MO i/c CHC Nungba.

Viral Hepatitis is frequently prevailing in this year among the villages under Nungba circle and Longpi circle in Nungba Block. Many case of viral hepatitis have been reported in CHC Nungba so far. Dr. Sunil Kamei, MO i/c CHC Nungba has mainly stressed on preventive measure since the viral hepatitis is being prevented. Hence he highlighted the tips how to prevent from the viral hepatitis at village level. In his first and foremost suggestion that it is a duty of every single villagers to keep clean and need in and surround their respective villages. The villagers should have proper food pattern and hygienic. This kind of practice should initiative by Village Health and Sanitation Committee in each village.

Besides prevention measure, Dr. Sunil Kamei differentiated the viral hepatitis from other diseases by given details of sign and symptom of the disease. He appealed the villagers to avoid mishandling the viral hepatitis with self medication without proper medical description given by doctor.

Session-5: Role of ASHA on health service by R.K. Dicing Panmei, BDM, CHC Nungba.

This session aimed at to aware the role of ASHA to the general public so that the ASHA's Programme and works can carry out properly. The members present interacted with the resource person to know the duty of ASHA on health service at grass root level. The members present raised many questions on the effective work of ASHA in the villages. For instance, how ASHA can deliver her duty if she is not residing in the village? What are the packages for ASHA for work?

Conclusion:

Mr. Gaichamdinpou Gangmei, BPM, CHC Nungba closed the one-day Health Awareness Programme with vote of thanks. He asserted the members present to spread the message without fail to all the villagers while returning to their respective village.

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